



Army Primary Healthcare Service

**Suicide, Vulnerability and Risk Management
in the British Army**

Capt Corinna Conley

Content



1. Overview of SVRM
2. How does Military UK Army Policy compare with 'state of the art'?
3. Impact on the Military of recent research paper

SVRM



- 'Know your soldiers'
- Identify those at risk of suicide

SVRM



- Mitigate identified risk
 - Sign post
 - Management tools
- Not a 100% screening tool
 - Identify by process of elimination.



Command Judgement



- Chain of Command tool to guide management response



4 Stages of SVRM



- **Stage 1 – Risk Identification**
- **Stage 2 – Consultation and Communication**
- **Stage 3 – Management and Care**
- **Stage 4 – Reporting**



How does UK Army Policy Compare with 'State of the Art'?



Generally Present



Present in some areas



Not present



Overarching



Evaluate existing and new initiatives



Systemic Surveillance

Raise awareness and promote self-care



Teach skill-building and help-seeking



Form Partnerships

Identify those at risk



Respectfully ensure continuity of care



Conduct research to identify risk factors



Evaluate gatekeeper training

Facilitate access to quality care



Benefits and repercussions for accessing behavioural health care



Inform service members about referral endpoints

Access to quality care

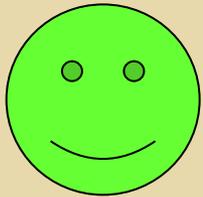


Improve communication between caregivers



Assess capacity of providers and chaplains

Deliver quality care



Constant supervision



Train providers and chaplains
to deliver quality care

Deliver quality care



Restrict access to lethal means



Monitor or control access to Alcohol

Deliver quality care



Respond appropriately



Assessment of employment options

Impact on Military of UK Research paper



THE LANCET

Implementation of mental
health service
recommendations in
England and Wales and
suicide rates, 1997—2006:
a cross-sectional and
before-and-after
observational study

*White, W., Bickley, H.,
Windfuhr, K., Rahman, S.
Shaw., Appleby, L. and Kapur,
N. The Lancet, 379, pp. 1005-
1012.*

In Summary



- **The Results**
- **Going forward and discussion points**



Army Primary Healthcare Service

Any Questions ?

Email:- corinna.conley640@mod.uk

Address:- DCMH NI, Thiepval Barracks, BFPO 801

Telephone:- +44 (0)2892 266254