

**The Delivery of Mental Health Care
in Regional Command (South West)
Helmand Province Afghanistan,
2010-2011**

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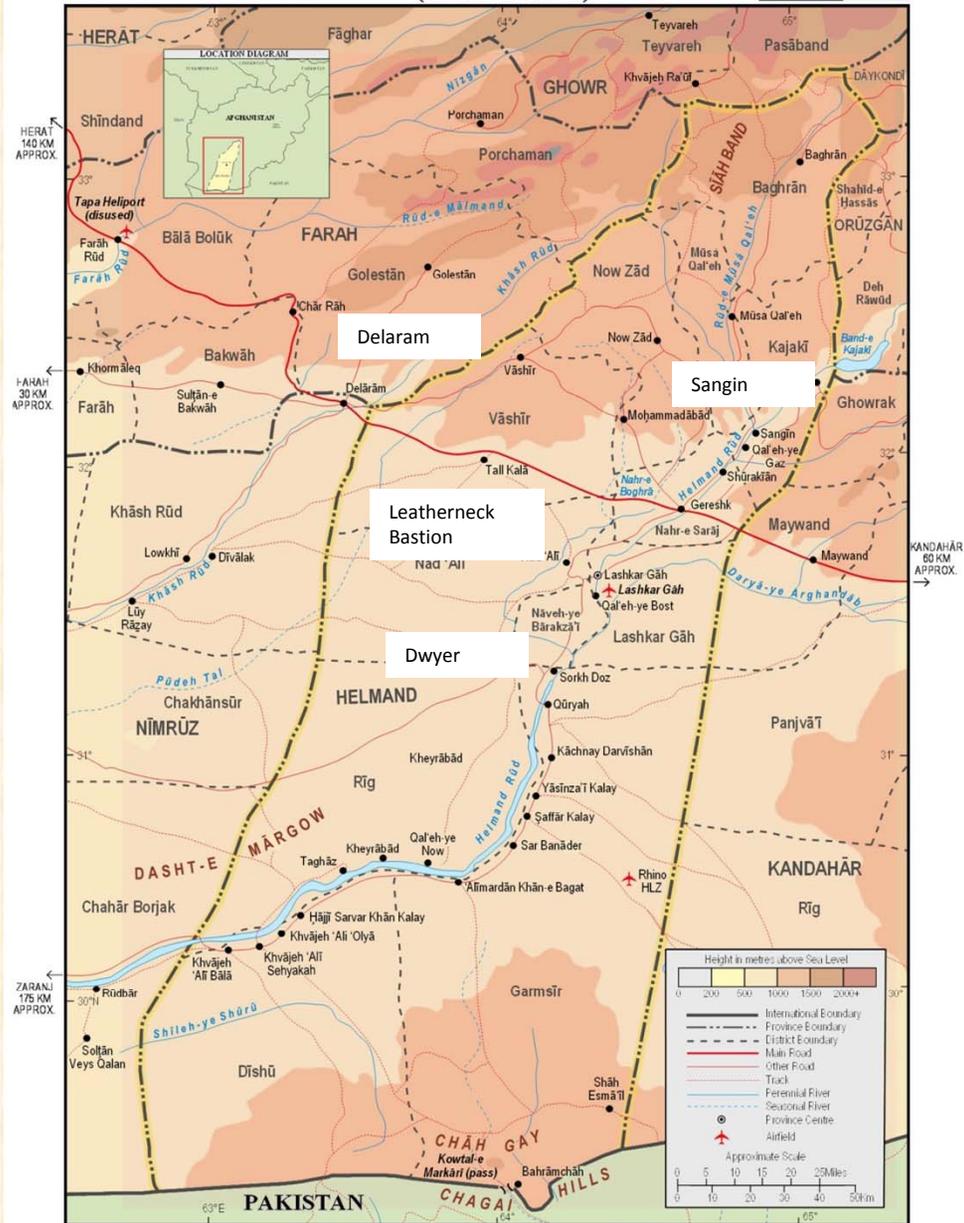
RICH CLABAUGH/STAFF

Source: Christian Science Monitor

WORLD BRIEFING MAPS

HELMAND PROVINCE
(AFGHANISTAN)

Series GSGS 5885
Sheet Helmand Province
Edition 2-GSGS



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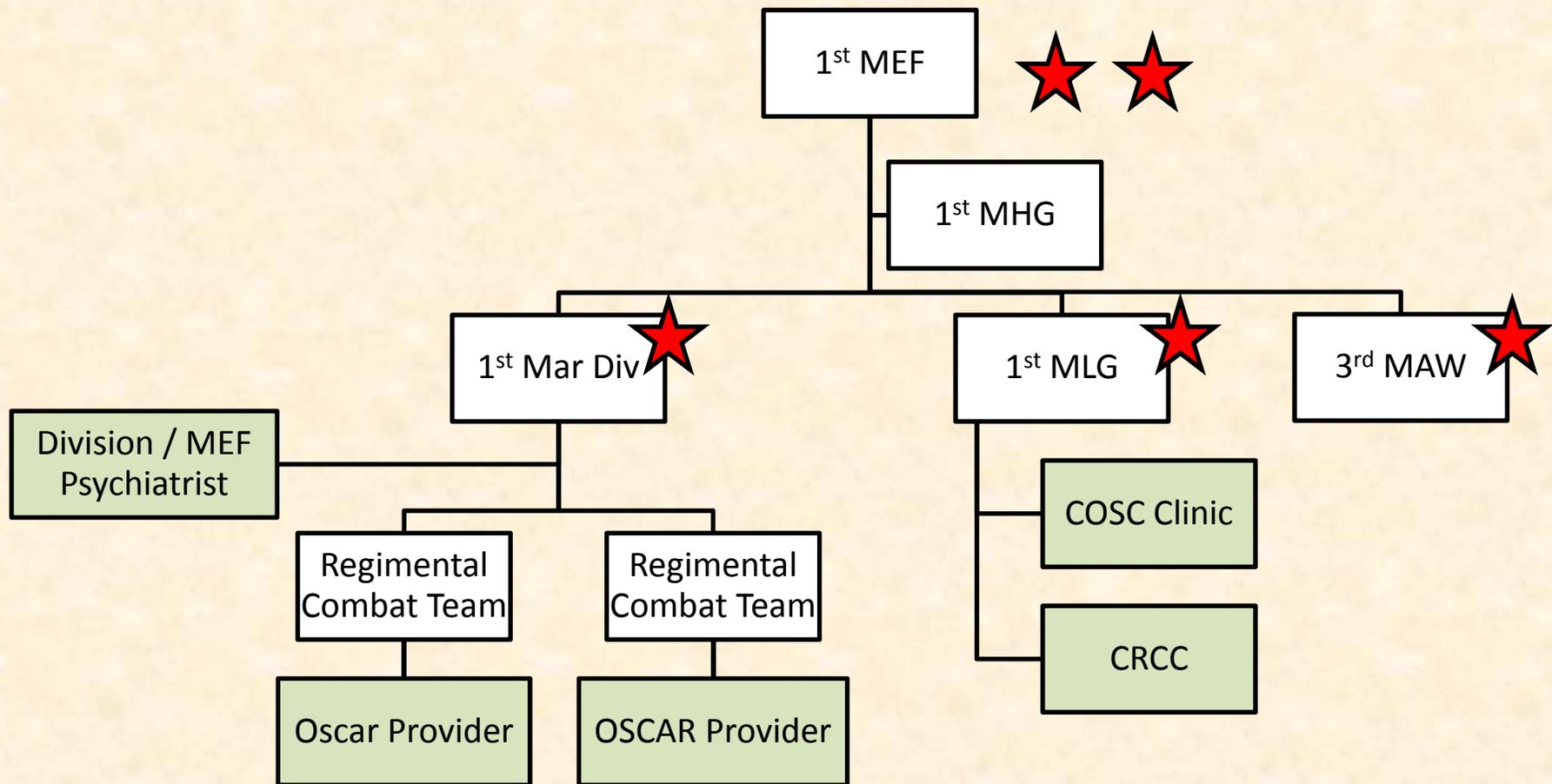
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1st Marine Expeditionary Force



Mental Health Lay Down Leatherneck / Camp Bastion

*Headquarters of 1st MEF and 1st Marine Division
U.K. Level III Trauma Hospital*

- Division: One Division Operational Stress Control and Readiness Team (OSCAR) Psychiatrist
- Marine Logistics Group (MLG)
 - COSC Clinic: One Psychiatrist, Two Psychologists
 - Concussion Rehabilitation Care Center: One Psychologist
 - Camp Bastion Trauma Hospital (UK): One Psychiatrist

Mental Health Lay Down Camp Dwyer

*Headquarters of a Regimental Combat Team,
U.S. Army Level III Trauma Center*

- Division
 - One OSCAR Nurse Practitioner

- Marine Logistics Group(MLG)
 - One Psychologist

Mental Health Lay Down Camp Delaram

*Headquarters of a Regimental Combat Team,
USMC Level II FRSS/STP*

- Division
 - One OSCAR Psychiatrist

Mental Health Lay Down

Four Psychiatrists

Four Psychologists

One Psychiatric Nurse Practitioner

+

Nine Psychiatric Technicians

For 25,000+ US Military

Mental Health Challenges for Delivery

Nine providers for 25,000 Marines spread out among 92 Bases in a war-fighting environment where moving is what gets you hurt or killed



[Photo: Walt Harrington]



[Photo: U.S. Marine Corps photo by Lance Cpl Charles Howard (Released)]

Highlights

- OSCAR Extender / OSCAR Mentor
- Bastion Level III care
- 3rd Battalion 5th Marines

OSCAR Team

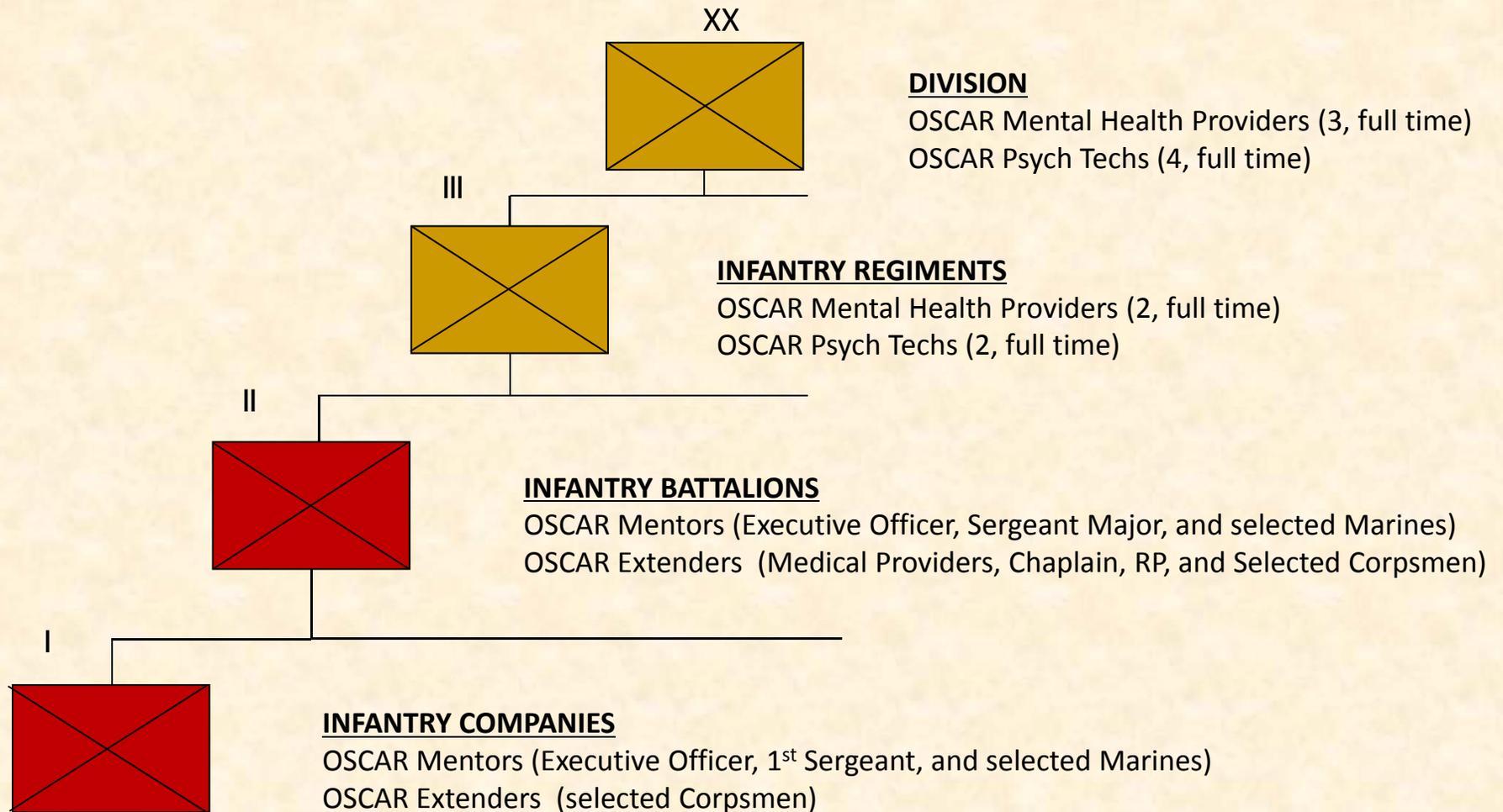
Operational Stress Control and Readiness Team

OSCAR Providers: Psychiatrists, Psychologists, Social Workers – Organic at the Regimental and Division Level

OSCAR Extenders: Physicians, Physical Assistants, Chaplains, Corpsmen and RPs

OSCAR Mentors: Marine Officers and Enlisted

OSCAR Team



Camp Bastion Hospital A Level III Trauma Center and a U.K. National Asset



[Photo: Cpl Jon Bevan RLC, Crown Copyright/Ministry of Defence 2007]



[Crown Copyright/Ministry of Defence 2007]



[Photo: itv.com Copyright 2009]

Camp Bastion Hospital

- Initial assignment of a neuropsychologist to Bastion in early summer 2010 was in response to the need to accomplish MACE exams.
- During provider turnover in October 2010 this was changed to a psychiatrist to enhance mental health support.

Camp Bastion Hospital

Camp Bastion Hospital Provider Duties:

- MACE Exams
- Staff Support
- ED/WARD Consult Liaison
- **Early Intervention**
 - **Cognitive reframing for wounded Marines**

3rd Battalion 5th Marines

- Deployed from September 2010 to April 2011 to Sangin Valley
- 25 dead, 140+ casualties, multiple amputees
- Based on this high rate of casualties, U.S. Marine Corps organized a special reintegration program
- Every member of 3/5 was to be interviewed by a mental health provider

3rd Battalion 5th Marines

- The Battalion had one psychiatric medical evacuation from theater for suicidal ideation in the context of a long-standing personality disorder.
- Repeated visits by division, regimental OSCAR providers, and chaplains repeatedly indicated a high degree of esprit de corps and a low use of mental health care.
- The battalion leadership and medical officer repeatedly voiced praise for the OSCAR Extender / Mentor training.

3rd Battalion 5th Marines

- Mental Health Screening
 - PCL, Audit-C, PQH
 - 15-20 minute interview with a psychiatrist, psychologist or social worker
 - Positive screens were invited back for 90 minute
- This evolution was executed using 10 providers during a five-day period. For each company (150-200 men) we did the screens on one day and the full evaluations the next day.
- Results are under review

Questions?